



Small Group Lead Notes-Lesson 6

- **Ppt1: four:one Journey – Lesson 6**
 - Have this opening ppt. Up each week as participants arrive, to provide a sense of welcome and readiness for the upcoming session
 - **Have the Lesson 6 video ready to be played as your group arrives.**
 - **Play the video after your Welcome, Prayer and Homework review.**
- Follow the outline on Page 6-3 for the Welcome & Prayer
- Address unfinished material from previous lesson if necessary
- Discuss homework completed from previous lesson.

Lesson 6– The Trauma of Abuse

- **Video Presentation**
 - Remind your Small Group that tonight’s video could be painful for some in the room.
 - Encourage them to take notes during the two segments:
 - Pastor James Forsyth
 - Dr. Diane Langberg
- **Prepare**
 - **Take away** – Before you discuss the Video Presentation, have someone read aloud the Take Away statement.
 - What thoughts or emotions did you experience as you heard the story of Pastor James Forsyth?
 - What key points did you learn from Diane Langberg’s presentation?
 - There are many forms of severe emotional and physical abuse. Do you in any way identify with his experience?
 - Have you ever shared your experience(s) with anyone?

Introduction

- Point out to your Small Group that in this lesson we have two groups: The Victim and The Perpetrator.
- From the Introduction section, briefly discuss the position of each group

What is Abuse?

- Ask someone to read the definition of abuse at the top of p. 6-5. **Ppt.2**
 - From the PowerPoint deck, thoroughly discuss each of the 4 components of the definition.
- Explain that we will be citing statistics and overviewing many types of abuse in this lesson.
 - The importance of spending so much time identifying types and intensities is because, whether you are a victim of abuse or a perpetrator of abuse, the tendency is to **deny** or **suppress** personal pain, embarrassment, shame or responsibility. You can't "fix" that which you won't recognize as real.
- Review the questions on p. 6-10
- Although your group can pray for and encourage healing, this Small Group is not designed to provide the necessary environment for adequate processing and counsel.

Domestic Violence

- **Ppt.3** Point out to the students the difference between Abuse and Domestic Violence.
 - Review the statistics on p. 6-11
- **Ppt.4** By looking at the cycle of abuse have the student notice the progression?

God's Grace In the Healing Process

- What role does the Grace of God plays in the healing process?
 - Discuss our role in the process of healing for others.

Recap Lesson

- Review the Take Away from the Prepare Page **Ppt.5**
 - Are there closing comments anyone would like to make?
- Encourage the group to seek the help of a therapist who specializes in the subject
- Check with your church's Pastoral or Counseling leadership for recommendations.

Practice and Homework Application p. 6-16

- Due to the heaviness of the subject, insure that each person is in a safe, emotional place before dismissal.
- Remind them "putting off the old self" and "putting on the new self" (Col 3:1-17) are done so by the work of the Holy Spirit (Galatians 5:13-25) by faith, and by our faith-led surrender to Him. (Philippians 4:8-9; Romans 12:1-3)
- **Ppt. 6** Close with a hopeful prayer or perhaps a song about God's faithfulness and love for us.

