

Small Group Lead Notes-Lesson 7

- **Ppt1: four:one Journey – Lesson 7**
 - Have this opening ppt. Up each week as participants arrive, to provide a sense of welcome and readiness for the upcoming session.
- Follow the outline on Page 7-3 for the Welcome & Prayer
- Address unfinished material from previous lesson.
 - Revisit the lesson on abuse; get a sense of where your participants are emotionally.
- Discuss homework completed from previous lesson.

Lesson 7 – Rejection: The Pain of Not Measuring Up

- **Prepare**
 - **Take away-** Have someone read the Take Away on P.7-2.
 - As you watched Pastor Ritchie Johnson’s presentation, did you capture any notes on which you’d like to comment?
 - As you watched Dr. Evan Marbury’s presentation, did you capture any notes on which you’d like to comment or discuss?
 - Discuss the 3 questions at the bottom of p. 7-2.

Rejection and its Effect

- Discuss the connection between Rejection and Condemnation.
- **Ppt 2.** Have someone read the Dallas Willard quote.
- How do you feel when you experience rejection?
- Where in your body do you feel this pain?

Rejection Defined **Ppt 3**

- Review this section

Rejection In Childhood

- Why do you think that rejection in childhood is the most damaging?
- What does the phrase, “Development of the Super-self” mean to you?
- Review the charts on pages 7-14 & 7-15
- Do you feel that you measured up to you parents’ expectations?
- Consider the connection of rejection and Attachment Styles from lesson 3.
- **Ppt 4.** Have someone read this slide and discuss.

Causes of Rejection

- Review

Overt and Covert Rejection

- How did your parents convey their disapproval of you?
- Did you believe it was a disapproval of your behavior or disapproval of you as a person?
- What was the effect (impact) of their rejection on you?
 - Have you ever discussed the issue with them?
- Have you discussed your experiences of rejection with anyone?

Effects of Rejection

- Ppt 5 Have someone read this slide
 - “The lie we believe when we feel rejected is, “I’m not worth anything, so it’s completely understandable that people will reject me.” A spirit of rejection convinces you that you will be rejected, and then every word and action of other people is interpreted through the eyes of rejection.”

The Performance Based Life

- Review this section carefully.
- Finish this section with Ppts 6, 7, 8
 - Prayerfully & contemplatively review these truths

Recap the Lesson

- Review the questions on p.7-13

Homework & Application p.7-16

- Encourage the viewing of the Chapter 8 video and completing the Prepare Page.