

## **Small Group Lead Notes-Lesson 8**

- Follow the outline on Page 8-3 for the Welcome & Prayer
- Address unfinished material from previous lesson.
- Discuss homework completed from previous lesson.

### **Lesson 8 – Parental Conflict & Its Impact on Children Well-Being**

- Emphasize the Take away, point out to the students that conflict does not happen in a vacuum, but in the context of relationships, taking responsibility for our part is critical.

#### **Review the Prepare page**

- As you watched Chaplain Grant Lowe and Courtney Caroland, did you capture any notes about which you'd like to comment?
- Did this video invoke any emotion or questions about your experiences in your family of origin?
- If you are a parent or a step parent, what key insights did you gain regarding your role?

#### **Introduction**

- Work through this section and discuss the 3 concluding questions.

#### **The Impact of Parental Conflict on Children Well-Being**

- As you review the questions in this section, be sure to affirm the benefits gained from their parental relationships.
- As you have looked at your parental relationships, do you see how your relationship with husband/wife can positively and negatively influence your children?
- Have you and your husband/wife ever considered getting the help of a counselor?

#### **Influence of Fathers on Children's Well-Being**

- Work through this section carefully.

#### **Cognitive Ability & Educational Success**

- For men, be sure to discuss the weight their behavior carries with children's emotional and cognitive developmental well-being

## **Recap Lesson**

- Review the Take Away, pointing out to the students the Critical role of the father in the home. Make sure this does not come across as blame, but rather as a way of encouraging father's to intentionally participate with his wife in the children's upbringing.
- For women, be aware that some may be feeling very "alone" in the process of parenting depending on the participation style of their husbands.

## **Homework & Application**

- Ask participants to carefully read Ephesians 4:29-32 and answer the questions on Page 8-19 through 8-21. These are very introspective; encourage their full attention to this.
- Hope...If you were to believe God and implement by faith these changes in your home, can you get a glimpse of God's power to heal and lead your family? Pray to that end...