**Small Group Lead Notes-Introduction**

(Power Point Graphics in Green)

**Introduction**

* **Ppt1:Welcome to Four:One Journey**
* The Small Group Lead and Co-Small Group Lead (for our purposes, both will be addressed as the SGL) should decide before class who will be leading each section. You may choose to have one SGL take the lead for an entire class, and the next week, the other SGL will lead. Or you may decide who leads based on your confidence or passion relative to the particular lesson title.
* Have their copy of the Student Manual and possibly a Name Tag at a place around the classroom table.
* Begin by welcoming the participants and prayer.
* Remember, this is a different and probably uncomfortable situation for most, as they don’t know what to expect. Seek to de-escalate any tension and put them at ease. **(See note for Men at the end of the Introduction Notes.**

**Personal Introductions**:Ppt2

* INTRODUCE YOURSELF FIRST, and tell something about yourself (employment status, family information, where they are from, etc). This provides an example of what you want them to do. Your Co-SGL should follow next.
* Ask participants to introduce themselves and to share something personal (employment status, family information, where they are from, etc); **You’ll have an opportunity to share your personal goal later.**

**Watch the Introduction Portion of Intro/Lesson One Video**

* Stop the video after the introduction and before transitioning to Lesson One.
* Transition your discussion to Small Group Guidelines

**Small Group Guidelines: Ppt3**

* Each bullet point in the Class Guidelines is relatively self-explanatory.
* Have each of the group members read one of the guidelines; you may ask, “are there any questions about this guideline?”
* CONFIDENTIALITY: Although this is self explanatory as well, spend some extra time emphasizing this one. Stress the need for confidentiality as a way of providing a safe environment for everyone. Trust is built in safe environments. Building trusting relationships within our family circle, or within THIS 41J circle, starts with valuing confidentiality. It is important to remember that some of the things shared could have devastating consequences if they were repeated outside of the group.

**Small Group Goals: Ppt4**

* Before we hear about your personal goals for your Four:One Journey, let’s review the group goals on page xii.
* Ppt5: After reading the first goal, share that a wound “is an unresolved issue in which the lack of closure in some way impacts the quality of your life right now.” Robert Lewis
* “As we read the remainder of the group goals, be thinking about your personal goals for your participation in 41J.”
* Upon completion of the Group Goals, ask, “what about you? We don’t want to get too deep at this time, but would you like to share a personal goal of yours?”
* As the participants share, be empathetic and affirm that you look forward to addressing their shared concer.

**Homework:**

* Be sure the participants have their Log-in Instructions for Video access
* Encourage the participants to watch the video before the next class date.
* Point out the importance of completing the Prepare section of their Student Manual. This is where they will include their personal notes from watching the Theological perspective, as well as the Relational perspective of each lesson.
* Q & A
* Ppt 6: Closing Prayer

**Special note to the Men:**

* For men, it is often not easy to dive into the emotional white waters of emotions.
* It might helpful if the SGL gives their personal view of how secrets can be harmful in relationships.
* Share the example of David In Psalm 109:22, David, after being devastated by those who maliciously sought to kill him, turned to the Lord. He writes: “I am afflicted and needy, And ﻿﻿my heart is ﻿﻿wounded within me.”
* David considered it neither unspiritual nor unmanly to acknowledge the wounds he was suffering.